



For more information about LIFT the Tristate, please contact:  
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**FREESTORE FOODBANK**  
**FREE JOB TRAINING PROGRAM**



**Logistics, Inventory management, Facilities Management and transportation (LIFT)** offers an opportunity for unemployed and underemployed adults throughout the tristate region to become trained in a growing field, providing essential job skills. This 10- week free job training program based at our Community Resource and Distribution Center will supply hands-on training from experienced warehouse personnel at Freestore Foodbank, specialized coursework designed by Gateway Community and Technical college, as well as links to local employment through BelFlex Staffing Network and other program partners.

Eligibility requirements include: desire to work, commitment to the program for the 10-week period without interruption, childcare established prior to enrollment, 18 years or older, basic literacy skills, and the physical ability to perform duties, No experience needed.

Program Includes:

☒ **Transportation**   ☒ **Clothing**   ☒ **Lunch**



## PROGRAM CREDENTIALS

- ☒ **Certified Logistics Associate (CLA)**  
(passing grade required)
- ☒ **Certified Logistics Technician (CLT)**  
(passing grade required)
- ☒ **Forklift Operator License(PIT)**
- ☒ **LIFT The Tristate Certificate**
- ☒ **Servsafe Food Handler Certificate**
- ☒ **Earn up to 6 college credit hours towards a higher degree at Gateway Community & Technical College**  
(3 credit hrs. for passing CLA exam; 3 credit hrs. for passing CLT exam)



For more information about our LIFT Program, please scan our QR code.

